

PRICES GOOD MARCH 5 THROUGH MARCH 18, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES



NORTH LAUDERDALE
8040 West McNab Road
954.726.8686

LAUDERDALE LAKES
3388 N. State Road 7
954.484.1952

NOW ON
instacart

**BURSTING
WITH
FLAVOR!**

Sliced
**PORK
BABY BACK RIBS**

2.99 lb.



Trimmed & Cut
BEEF OXTAILS 8.99 lb.



Fresh
CORN 5/\$2.99



Pure Maid
VEGETABLE OIL 8.99
1 gal.



Fresh
SALMON FILLET

8.99 lb.



Tropicana
100% ORANGE JUICE 3.49
46 oz.



Mahatma
THAI JASMINE RICE 7.99
5 lbs.



Carlo Rossi
ASSORTED WINE 3.99
750 ml.

**LATIN &
CARIBBEAN
FAVORITES!**



P.A.N.
WHITE CORN MEAL 2/\$4
35.27 oz.



Chifles
PLANTAIN STRIPS 5.99
12 oz.



Spur Tree Jamaican
ACKEE IN BRINE 7.99
19 oz.



Goya
ASSORTED NECTARS 2/\$4
33.8 oz.



La Fe
GREEN PIGEON PEAS 99¢
15 oz.



Pony Malta
MALT BEVERAGE 5.99
6 pk. / 11.2 oz.

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN030525

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT APPLE PAY, VISA, EBT, AMEX, DISCOVER & MASTERCARD

PRICES GOOD MARCH 5 THROUGH MARCH 18, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES

SIZZLING SAVINGS!

U.S.D.A. Choice
BEEF SIRLOIN FLAP MEAT / CHURRASCO DE VACIO
8.99 lb.



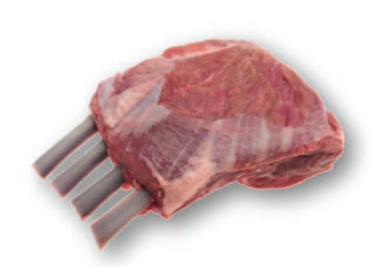
Fresh Made
PORK ITALIAN SAUSAGES
 2 lb. Pack
5.99



CHICKEN LEG QUARTERS
 10 lb. Bag **89¢ lb.**



PORK BONELESS STEW / MASITAS DE CERDO **2.99 lb.**



New Zealand
LAMB SHOULDER RACK **8.99 lb.**



Boneless, Skinless
CHICKEN BREAST
 Family Pack **2.49 lb.**



CHICKEN PARTY WINGS **2.99 lb.**



ALL-BEEF HAMBURGER PATTIES
 16 pc. / 4 lbs. **11.99**



PORK SIDE CHOPS (CHULETA CAN CAN) **2.99 lb.**



Tyson
CORNISH HENS
 2 in Pack **4.99**



WHOLE BEEF TENDERLOIN
 6 lbs. & Up **8.99 lb.**



WHOLE CHICKENS
 5 lbs. & Up **99¢ lb.**

DRINK UP THE SAVINGS

Tropical
ASSORTED MOSCATO WINE
 750 ml. **8.99**

Papi
ASSORTED WINE
 750 ml. **5.99**

Bartenura
MOSCATO D'ASTI WINE
 750 ml. **11.99**

Dragon
Stout BEER
 6 pk. / 9.6 oz. **9.99**

Guinness
EXTRA STOUT BEER
 6 pk. / 11.2 oz. **9.99**

Corona Extra
MEXICAN LAGER
 12 pk. / 12 oz. **17.99**



HOOK, LINE & DINNER!

Fresh
**ROYAL RED
ARGENTINIAN
SHRIMP**
16/20 EZ Peel
9.99 lb.



Fresh From Belize
CONCH **15.99** lb.



Fresh
**SMALL
YELLOW TAIL** **6.99** lb.
3/4-1 lb.



Fresh
**WHOLE
BRANZINO** **7.99** lb.



Frozen
**WHOLE
KING FISH** **3.49** lb.



Fresh
COD FILLET **8.99** lb.



Fresh
**LARGE
SNAPPER**
6 lbs. & Up

4.99 lb.



Fresh
**SALMON
FILLET**

8.99 lb.

DELI DELIGHTS North Lauderdale Only



El Toro
**SMOKED
VIRGINIA HAM**
3.99 lb.



**CUBAN
HAM CROQUETTES**
2/\$1



El Toro
**SWEET
SERRANO HAM**
4.99 lb.



Old Thyme
PROVOLONE CHEESE
3.99 lb.



Paisa
**MOZZARELLA
CHEESE**
4.99 lb.



Paisa
GOUDA CHEESE
5.99 lb.

DAIRY & FROZEN



El Viejo Luis
YUCA
4 lbs.

2.99



Pepperidge Farm
GARLIC BREAD
10 oz.

2.49



Goya
**TOSTONES DE PANA
(BREADFRUIT)**
20 oz.

3.49



Sunny D
**CITRUS
PUNCH**
64 oz.

1.99



Imperial
**VEGETABLE
OIL SPREAD**
1 lb.

1.49



El Latino
**STRAWBERRY
YOGURT**
64 oz.

3.99



Jello
**ASSORTED FLAVORS
GELATIN**
4 pk.

2.99



Borden
**ASSORTED
SHREDDED
CHEESE**
8 oz.

2.49



Dairy Fresh
BUTTER
16 oz.

3.49

FRESH PRODUCE



Fresh ORANGES

5/\$2.99



CARROTS 2 lb. Bag 2/\$3



CILANTRO Bunch 2/\$1



PLUM TOMATOES .99lb.



ICEBERG LETTUCE 2/\$3



RED & YUKON POTATOES 5 lb. Bag 3.49



SPINACH 10 oz. Bag 2/\$4



CELERY Bunch 1.29



Homemade GARLIC CILANTRO SAUCE 16 oz. 5.99

GROCERY SAVINGS



Dixie Crystals GRANULATED SUGAR 4 lbs. 3.99



Ti-Machan's BASMATI RICE 4 lbs. 4.99



Granja Flor EXTRA VIRGIN OLIVE OIL BLEND 2 ltr. 7.99



Pure Maid CORN OIL 40 oz. 3.99



Maggi CHICKEN OR BEEF BOUILLON CUBES 20 ct. 1.79



American Spice LIME JUICE 32 oz. 2/\$3



Badia GARLIC POWDER 8 oz. 2/\$5



Essential Everyday SWEET PEAS OR SWEET CORN 15.25 oz. 71¢



Café Bustelo ESPRESSO GROUND COFFEE 10 oz. 3.99



Kraft ASSORTED MAC & CHEESE 5.5-7.25 oz. 3/\$4



El Viejo Luis BLACK BEANS 12 oz. 79¢



Fiora ULTRA SOFT TOILET PAPER 12 Double Rolls 4.49



Tony Chachere's SEASONED FISH FRY MIX 10 oz. 1.99



Parrot COCONUT WATER 16.9 oz. 99¢



Zephyrhills SPRING WATER 1 gal. 1.99



Mama Tere ASSORTED NECTARS 1 ltr. 2/\$5



Old Orchard APPLE & BLENDED JUICES 64 oz. 2/\$4



Kool Aid Jammers JUICE POUCHES 10 pk. / 6 oz. 2/\$6



Ocean Spray CRANBERRY JUICE 64 oz. 3.49

DON'T FEEL LIKE COOKING?

North Lauderdale Only

Visit our café for tasty meals without the hassle!



STEAK COMBO with 2 Sides 8.99



KING FISH COMBO with 2 Sides 6.99



PORK CHOPS COMBO with 2 Sides 5.99



SANCOCHO SOUP Large 8.99