

PRICES GOOD OCTOBER 23 THROUGH NOVEMBER 5, 2024 - NORTH LAUDERDALE & LAUDERDALE LAKES



**NORTH LAUDERDALE**  
8040 West McNab Road  
954.726.8686

**LAUDERDALE LAKES**  
3388 N. State Road 7  
954.484.1952

WE NOW ACCEPT NATIONS BENEFITS  
HEALTHY FOOD BENEFIT CARDS  
IN ALL OF OUR STORES!

**COMFORTING  
FALL  
FLAVORS!**  
**PORK SHOULDER  
(PERNIL)**  
**1.49 lb.**



Fresh  
**CORVINA  
FILLET** **9.99 lb.**



Fresh  
**SWAI FILLET** **4.99 lb.**



Chifles  
**PLANTAIN  
STRIPS** **5.99**  
12 oz.



**2  
LBS.**  
**LEMONS** **2.99**  
2 lb. Bag



**3  
PK.**  
**ROMAINE LETTUCE  
HEARTS** **2.99**  
3 pk.



Iberia  
**"PARBOILED"  
RICE** **3.49**  
5 lbs.



Boneless  
**CHICKEN BREAST** **1.99 lb.**

**LATIN &  
CARIBBEAN  
FAVORITES!**



Lee  
**ASSORTED  
CRACKERS** **1.99**  
330-340 g.



Chaokoh  
**COCONUT MILK** **2/\$3**  
13.5 oz.



Grace  
**PEANUT PUNCH** **4/\$5**  
8.1 oz.



Grace  
**CALLALOO** **2/\$5**  
19 oz.



Island Pure  
**COCONUT OIL** **4.99**  
16.9 oz.



Nestlé Milo  
**CHOCOLATE  
POWDER** **15.99**  
3.3 lbs.

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN102324

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT APPLE PAY, VISA, EBT, AMEX, DISCOVER & MASTERCARD

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# SIZZLING SAVINGS!

Agrosuper  
**CHICKEN PARTY WINGS**  
10 lbs.

## 29.99

10  
LBS.



Fresh  
**BEEF CHUCK STEAK**  
**4.99 lb.**



**CHICKEN PAWS** **2.99 lb.**



**STEWING HEN** **3.99 ea.**



Fresh  
**BEEF STEW MEAT** **4.99 lb.**



**CENTER CUT PORK CHOPS** **2.49 lb.**  
Family Pack



Fresh  
**BEEF CUBED STEAK** **5.99 lb.**

## DRINK UP THE SAVINGS

Santa Fe  
**SPARKLING WATER**  
12 pk. / 11 oz.  
**5.99**

Arizona  
**ASSORTED DRINKS**  
1 gal.  
**2.99**

Jupina or  
Frescolita  
**SODA**  
2 ltr.  
**1.99**

Goya  
**COCONUT WATER**  
17.6 oz.  
**2/\$3**

Yoder's  
**NATURAL OR RASPBERRY LEMONADE**  
52 oz.  
**3.29**

Coca Cola  
**ASSORTED SODAS**  
12 pk. / 12 oz.  
**6.99**

Meiomi  
**PINOT NOIR**  
750 ml.  
**15.99**

Roscato  
**ROSSO DOLCE WINE**  
750 ml.  
**7.99**

Marques de Caceres  
**RED BLEND WINE**  
750 ml.  
**6.99**

Corona Extra  
**BEER**  
12 pk. / 12 oz.  
**17.99**

Hollandia  
**BEER**  
12 pk. / 11.2 oz.  
**10.99**

Dos Equis  
**LAGER ESPECIAL**  
12 pk. / 12 oz.  
**11.99**

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**HOOK,  
LINE &  
DINNER!**

Fresh  
**CHILEAN  
SEABASS  
PORTION**  
**8.99** lb.



Frozen  
**WHOLE  
KING FISH** **3.49** lb.



Frozen  
**ATLANTIC  
SALMON  
FILLET** **5.99** lb.



BlueFish  
**FROZEN CLAMS**  
(Product of Ecuador)  
1/2 lb. **13.99**



La Casa del Encebollado  
**BOLLO DE  
PESCADO** **6.99**  
500 g.

## DAIRY & FROZEN



El Sembrador  
**PIGEON PEAS** **1.79**  
14 oz.



Goya  
**FRIED PLANTAIN  
CUPS** **2.99**  
12 oz.



La Casa del Encebollado  
**FROZEN ECUATORIAN  
BREAD** **3.99**  
600 g.



Kraft  
**SHREDDED  
CHEESES** **2/\$5**  
8 oz.



Philadelphia  
**SOFT CREAM  
CHEESE** **3.49**  
8 oz.



Tropicana  
**REFRESHERS** **2/\$7**  
46 oz.



Welch's  
**PASSION FRUIT  
JUICE DRINK** **4.99**  
89 oz.



Fresh  
**COD FILLET** **7.99** lb.



Fresh from Turks & Caicos  
**CONCH** **16.99** lb.



Frozen, Wild-Caught from Italy  
**JUMBO BLUE CRAB  
CLUSTERS** **6.99** lb.

## DON'T FEEL LIKE COOKING?

North Lauderdale Only



**PERNIL  
(ROAST PORK) COMBO**  
with 2 Sides  
**7.49**



**PEPPER STEAK COMBO**  
with 2 Sides  
**8.49**



**KING FISH  
STEAK COMBO**  
with 2 Sides  
**7.99**

## DELI DELIGHTS

North Lauderdale Only



Paisa  
**FRYING CHEESE/  
QUESO PARA FREIR**  
**5.99** lb.



El Toro  
**SERRANO HAM**  
**4.55** lb.



Paisa  
**PROVOLONE CHEESE**  
**5.29** lb.

## FRESH PRODUCE



MALANGA LILA AND WHITE **1.29**lb.



YELLOW ONIONS **1.29**  
2 lb. Bag



CELERY **1.29**  
By the Bunch



YUCA **.79**lb.



CARROTS **3.49**  
5 lb. Bag



GALA & HONEYCRISP APPLES **2/\$5**  
3 lb. Bag



RED PEPPERS **1.89**lb.



CILANTRO **.69**  
By the Bunch



Fresh Housemade CHIMICHURRI **5.99**  
16 oz.

## GROCERY SAVINGS



Canilla **LONG GRAIN RICE**  
20 lb. **11.99**



Dixie Crystal **SUGAR**  
4 lbs. **3.99**



Brioche Gourmet **ROLLS**  
8 ct. **1.99**



Badia **SPANISH MOJO MARINADE**  
128 oz. **6.99**



Maggi **CHICKEN FLAVOR BOUILLON**  
51.9 oz. / 128 tablets **10.99**



Kraft **BBQ SAUCES**  
18 oz. **2/\$5**



Pure Maid **VEGETABLE OIL**  
48 oz. **3.49**



Champion **CHOW MEIN NOODLES**  
12 oz. **2/\$4**



Toni **STRAWBERRY & CHOCOLATE DAIRY DRINKS**  
4.6 oz. **.99**



Café La Carreta **PREMIUM ESPRESSO BLEND**  
10 oz. **2.99**



Guerrero **YELLOW TOSTADAS**  
22 ct. **2.49**



Grace **BUTTER BEANS**  
14 oz. **1.79**



Quaker **OATS**  
Old-Fashioned or Quick, 18 oz. **3.49**



Jamaica Nice **COCONUT MILK POWDER**  
50 g. **.89**



Carnation **EVAPORATED MILK**  
12 oz. **1.79**



Royal Oak **LUMP CHARCOAL**  
15.4 lb. **12.99**



Suavitel **FABRIC SOFTENER**  
105 oz. **8.99**



Gain **LAUNDRY DETERGENT**  
88 oz. **6.99**



Clorox **ASSORTED BLEACH**  
128 oz. **4.99**

**SIGN UP FOR OUR EMAIL LIST TO RECEIVE OUR WEEKLY ADS!**

**WE ACCEPT EBT (FOOD STAMPS), APPLE PAY, AND ALL MAJOR CREDIT CARDS. WE NOW ACCEPT NATIONSBENEFITS INSURANCE BENEFIT CARDS!**

